

**ISLAMIC AND JEWISH
MYSTICISM AND THE
PRACTICE OF COMPASSION**

Mondays, 7:00-9:00 p.m.

October 10 - November 7, 2011

Deadline for registration is September 13, 2011.

Registrations will be accepted after
the deadline, space permitting.

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Pittsburgh Theological Seminary
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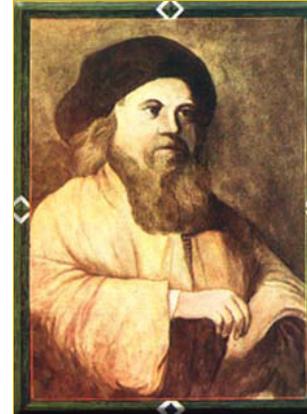
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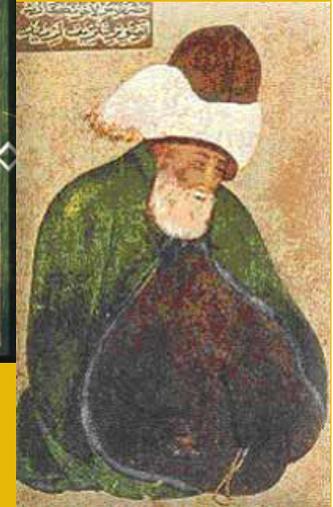
Continuing Education Office
616 North Highland Avenue
Pittsburgh, PA 15206

A SPIRITUALITY AND PSYCHOLOGY ELECTIVE
FOR PSYCHOLOGISTS AND SOCIAL WORKERS

**ISLAMIC AND JEWISH
MYSTICISM AND THE
PRACTICE OF COMPASSION**



THE BA'AL SHEM TOV,
FOUNDER OF CHASSIDISM



RŪMĪ, CELEBRATED POET
AND SUFI MYSTIC

**JON SPIEGEL, PH.D. AND
SAFDAR I. CHAUDHARY, M.D.**

**MONDAYS, 7:00-9:00 P.M.
OCTOBER 10 - NOVEMBER 7, 2011**



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616 North Highland Avenue
Pittsburgh, PA 15206

ISLAMIC AND JEWISH MYSTICISM AND THE PRACTICE OF COMPASSION

Both Judaism and Islam have profound mystical traditions. In Judaism, Kabbalah is the school of study of mysticism and is often called the body and soul of Judaism. In Islam, an exemplar of mysticism is the great 13th century poet: Jalāl ad-Dīn Muhammad Balkhī Rūmī. Similarly, in the 18th century, The Ba'al Shem Tov revitalized Jewish mysticism for the current era.

This course will provide a basic introduction to both Rūmī and Kabbalah. We will examine what they share in common and how they differ. Among the commonalities considered will be love and awe for the divine, and how these translate into a code of ethics and the practice of compassion. The sessions will include discussion of ethics and the practice of compassion as the underpinnings for all good clinical practice.

Objectives

At the end of this course, you will be able to:

- Summarize the key features of Islamic mysticism as represented by Rūmī.
- Summarize the key features of Jewish mysticism as expressed in Kabbalah.
- Recognize significant similarities and differences between these mystical traditions.
- Describe how the Kabbalistic idea of the “Four Worlds” relates to different theoretical schools of psychotherapy.
- Identify implications of ethical understandings and the practice of compassion in these traditions for one’s clinical practice.

SUGGESTED READINGS

The Essential Rūmī. Coleman Barks and *Jewish with Feeling*. Rabbi Zalman Schachter-Shalomi

INSTRUCTORS

Jon Spiegel, Ph.D. is a psychologist in private practice since 1976 and the clinical director of Spiegel/ Freedman Psychological Associates. Dr. Spiegel has been teaching and supervising psychotherapists for the past 30 years. His post-doctoral work was in mythology and comparative religion. Dr. Spiegel is the co-founder of the Program in Spirituality and Psychology at PTS. He is a clinical assistant professor of psychiatry at the University of Pittsburgh School of Medicine.



Safdar I. Chaudhary, M.D. is the medical director of S'éclairer, an outpatient clinical service provider for mental and behavioral health committed to strengthening individuals and communities. He is also a clinical associate professor of psychiatry at the University of Pittsburgh School of Medicine. Dr. Chaudhary graduated from Nishtar Medical College, Multan, Pakistan and completed his residency training at St. Francis Medical Center, Pittsburgh, Pa.



FURTHER QUESTIONS 412-924-1345 or ConEd@pts.edu

COURSE SCHEDULE AND COST

Mondays, 7:00-9:00 p.m.

Oct. 10, 17, 24, 31, and Nov. 7, 2011

\$175 per person

CREDITS

10.0 Continuing Education (CE) credits

Psychologists: Pittsburgh Theological Seminary is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. PTS maintains responsibility for this program and its contents.

Social Workers, Marriage and Family Therapists, and Professional Counselors:

You can receive CE credits from CE providers approved by APA. Since PTS is approved by APA to sponsor continuing education, licensed social workers, licensed clinical social workers, licensed marriage and family therapists, and licensed professional counselors will be able to apply course credits toward their CE requirement.

REGISTRATION

Deadline: September 13, 2011

Mail completed form along with fee to:

Office of Continuing Education
Pittsburgh Theological Seminary
616 N. Highland Ave.
Pittsburgh, PA 15206

By phone: 412-924-1345

Online: www.pts.edu/CE_registration

CANCELLATION POLICY

Course fees minus a \$25 administrative fee will be refunded for cancellations before October 3, 2011. No refunds for cancellations after that date.