



# CONTINUING EDUCATION NEWS



# BREW LIKE A MONK: SPIRITUAL PRACTICE AS FERMENTATION

## A SPIRITUAL FORMATION ELECTIVE

### INSTRUCTOR

**B.J. Woodworth**, Lead Pastor, The Open Door, and homebrewer

### DATES

Sept. 17-20, 2017

### OVERVIEW

For centuries, beer has been a means for spiritual growth - from monks embracing the contemplative process of brewing "liquid bread" to the ways it has stimulated meaningful conversations when shared. Fermentation as well provides a rich metaphor for the transformation into which the Spirit invites us. Come explore the connections among beer, monastic practice, and spiritual "fermentation."

### REGISTRATION / HOUSING / DIRECTIONS

Registration Fee: \$375 plus a \$30 activity fee (total \$405). The registration includes refreshment breaks, Monday lunch and dinner, and Tuesday lunch; remaining meals and lodging are the student's responsibility.



REGISTER NOW

Housing: Limited housing is available on the Seminary campus. To reserve a room, contact our Reception Office at [Click to view e-mail](#) or 412-924-1397.

Directions: [Get directions to the Seminary.](#)

### ADVANCE PREPARATION

The instructor has not yet completed selecting books for this class but those that are chosen are noted below. Do your best to read these books before your arrival. If you wish to be in the **Spiritual Formation Certificate program**, you should prepare a one-page reflection paper for each selected book; these will be collected the first evening of class. If you do not plan to seek the certificate but are taking the class for personal enrichment, the reflection papers are not required but we strongly encourage you to read the texts to get as much as possible from the class time.

Bamforth, C. (2009). *Beer: Tap into the Art and Science of Brewing Hardcover*. Oxford University Press.

de Waal, E. (2003). *Lost in Wonder: Rediscovering the Spiritual Art of Attentiveness*. Liturgical Press.

### QUESTIONS

Call 412-924-1345 or e-mail [Click to view e-mail](#).

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Pittsburgh Theological Seminary  
616 North Highland Avenue  
Pittsburgh, PA 15206  
Phone: 412-362-5610



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