

# THE IGNATIAN SPIRITUAL EXERCISES AND CHRISTIAN DISCIPLESHIP

**Instructor:** Martha A. Robbins, Th.D., Director, *Pneuma Institute* Spiritual Direction and Leadership Program, and Joan Marshall Associate Professor Emerita of Pastoral Care, Pittsburgh Theological Seminary

This course will explore (1) the overall content, prayer forms, and structure of the Ignatian *Spiritual Exercises*; (2) the underlying dynamics and graces for each of the four major movements of the *Exercises*, and, (3) how these facilitate a deepening Christian discipleship and participation in Christ's mission according to one's unique gifts and call. The structure and process of the course is designed to give participants a taste of the *Spiritual Exercises* through periods of instruction, prayer, silence, reflection, discussion, and worship. Hence, all participants are strongly encouraged to be in residence for the week at the Kearns Spirituality Center, a ministry of the Sisters of Divine Providence.



## DATES

Jan. 11, 2015 7:00 p.m. - Jan. 16, 2015, 1:00 p.m.

## LOCATION

**Kearns Spirituality Center**, 9000 Babcock Blvd., Allison Park, PA 15101.

## COST

Registration Fee: \$395 (meals included)

Lodging at Kearns: \$175 (5 nights: check-in Sunday, Jan. 11, 2015 after 4 p.m.; check-out Friday after lunch, Jan. 16, 2015)

Online registration: Click [HERE](#)

## Required Reading

Please do your very best to read the required books before arriving. If you wish to be in the Spiritual Formation Certificate program, you should prepare a one-page reflection paper for each book; these will be collected Sunday evening. If you do not plan to seek the certificate but are taking the class for personal enrichment, the reflection papers are not required.

Aschenbrenner, George. *Stretched for Greater Glory: What to Expect from the Spiritual Exercises*. (Chicago: Loyola Press, 2004).

Brackley, Dean. *The Call to Discernment in Troubled Times*. (New York: Crossroads, 2004).

Your choice of one of the following two texts - Either Lonsdale or Silf.

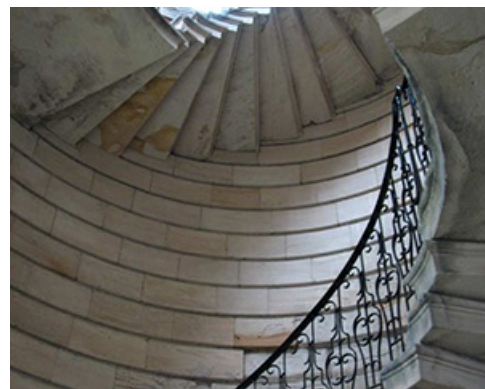
Lonsdale, D. *Eyes To See, Ears To Hear: An Introduction to Ignatian Spirituality*. (Maryknoll, NY: Orbis Books, 2000).

## OR

Silf, Margaret. *Inner Compass: An Invitation to Ignatian Spirituality*. (Chicago: Loyola Press, 1998).

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