

## Lent Devotional February 22, 2026

### Scripture

#### Hebrews 2:10-18

*10 It was fitting that God, for whom and through whom all things exist, in bringing many children to glory, should make the pioneer of their salvation perfect through sufferings. 11 For the one who sanctifies and those who are sanctified all have one Father. For this reason Jesus is not ashamed to call them brothers and sisters, 12 saying,*

*“I will proclaim your name to my brothers and sisters; in the midst of the congregation I will praise you.”*

*13 And again,*

*“I will put my trust in him.”*

*And again,*

*“Here am I and the children whom God has given me.”*

*14 Since, therefore, the children share flesh and blood, he himself likewise shared the same things, so that through death he might destroy the one who has the power of death, that is, the devil, 15 and free those who all their lives were held in slavery by the fear of death. 16 For it is clear that he did not come to help angels but the descendants of Abraham. 17 Therefore he had to become like his brothers and sisters in every respect, so that he might become a merciful and faithful high priest in the service of God, to make a sacrifice of atonement for the sins of the people. 18 Because he himself was tested by what he suffered, he is able to help those who are being tested.*

### Devotion

#### The Rev. Dr. April Roebuck '14/'19

“Trouble don’t last always.” Over the years, I’ve often heard that phrase from the elders in my life. A sentiment of hope, or even faith, that sufferings are temporary. Trouble is temporary, but in a difficult season, it can feel anything but temporary. It’s easy to be consumed by what you’re facing and question when it will end. Troubled times may even call for desperate measures. Troubled times may even tempt our character.

Jesus knows something about being tempted. I think the elders were referring to Jesus when they came up with that adage. For 40 days and 40 nights, Jesus was tempted by the enemy, and Jesus overcame. 40 days and 40 nights is a long time to suffer, but breakthrough is possible. 40 days and 40 nights is a long time to be tempted, but a way out is possible.

Jesus demonstrates a focus on the Kingdom. He demonstrates perseverance. He demonstrates that trouble in fact doesn’t last always as he defeats the enemy’s schemes once again, and this is just a foreshadowing of the triumphant defeat at the cross. This is why Jesus is the pioneer and perfecter of our faith; Jesus paved the way for us. We serve a God who knows what it’s like to navigate a human experience. I am so glad that Jesus reminds us that, no matter what we have done in our lifetime, Jesus is the missing piece Who makes us holy and invites us into His royal family. Go through what you’re facing, and remember that trouble don’t last always.

## **Prayer**

Lord, grant me perseverance, patience, endurance, and grace to get through this season. You have overcome the world, and there is nothing that I cannot get through with Your help. Jesus, help me to hold on and to hold out just as You have. In Your name I pray, amen.