



# Hope and Healing

## Online Mental Health First Aid Training

**Oct. 30 and Nov. 13, 2020, 9:00-12:00 p.m.**  
**Nov. 6, 2020, 8:30 a.m.-5:00 p.m.**

This 3-part online program will provide participants with the tools they need to provide spiritual care to those affected by mental illness more effectively and reduce the stigma associated with it in their faith communities. Participants will also become certified in Mental Health First Aid and create a regional resource to aid appropriate referrals to services.

**Session 1:** Learn how to distinguish spiritual care from mental health services and where your skill sets and responsibilities lie as a faith community leader;

**Session 2:** Become certified in Mental Health First Aid; and

**Session 3:** Collaborate on creating a mental health resource list and design a church-based initiative to address mental illness in your community.

**The series is limited to 20 participants. Sign up early!**  
**Free and open to rural pastoral leaders of all Christian denominations, particularly those in SW Pa, SE Ohio, and West Virginia.**

### **REGISTRATION**

**[www.pts.edu/hope-and-healing-2021](http://www.pts.edu/hope-and-healing-2021)**

**Details to access the online training will be sent in mid-October.**

*This program is made possible by a generous grant from the PC(USA) and is a pilot project for future nation-wide training.*

### **QUESTIONS**

**ConEd@pts.edu or 412-924-1345**

