



# CONTINUING EDUCATION NEWS



# HOPE AND HEALING

## *A MENTAL HEALTH FIRST AID TRAINING PROGRAM*

### DATES

Sept. 25 and Oct. 9, 2020, 9:00 a.m.-12:00 p.m.

Oct. 1, 2020 TBD (probably all day)

### OVERVIEW

This program will provide participants with the tools they need to provide spiritual care to those affected by mental illness more effectively and reduce the stigma associated with it in their faith communities. Participants will also become certified in Mental Health First Aid and create a regional resource to aid appropriate referrals to services.

**Session 1:** Learn how to distinguish spiritual care from mental health services and where your skill sets and responsibilities lie as a faith community leader;

**Session 2:** Become certified in Mental Health First Aid (probably all day;TBD); and

**Session 3:** Collaborate on creating a mental health resource list and design a church-based initiative to address mental illness in your community.

*This series is limited to 20 participants. Sign up early!*

### REGISTRATION



REGISTER NOW

**FREE AND OPEN TO ALL PASTORAL LEADERS IN THE UPPER OHIO VALLEY REGION.**

### QUESTIONS

E-mail [Click to view e-mail](#) or call 412-924-1345.

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