



## **BUILDING TRAUMA-INFORMED AND RESILIENT COMMUNITIES: PASTORAL AND MINISTRY RESPONSES**

### **DATE**

Dec. 7, 2018, 9:00 a.m.-12:00 p.m.

### **OVERVIEW**

Join us for this workshop to increase your awareness and knowledge of trauma, including psychological and vicarious trauma. You will learn key principles of a trauma-informed approach. Additionally, the workshop will provide practical and evidence-based techniques for pastors and ministries to develop trauma-informed and resilient communities. A trauma-informed and resilient approach is one where communities, organizations, programs, and systems: (1) realize the prevalence and impact of trauma; (2) recognize the signs and symptoms of trauma in individuals, families, and groups; (3) respond by integrating the knowledge about trauma into policies, procedures, and practices; and (4) resist practices that could cause more harm (Substance Abuse and Mental Health Services Administration, 2018).

In this class, you will:

increase your understanding of various forms of trauma;

learn the key principles of a trauma-informed approach; and

develop practical and evidence-based skills to build trauma-informed and resilient communities.

This event is geared toward clergy, ministry leaders, and mental health professionals. CEs will be available for licensed social workers, professional counselors, and marriage/family therapists.

*Co-sponsored by Pittsburgh Pastoral Institute, with support from Desert Ministries Inc., and its founding director, the late Rev. Dr. Richard M. Cromie.*

## INSTRUCTOR

**Taunya M. Tinsley** is a graduate of Duquesne University with a Ph.D. in counselor education and supervision. She received an M.A. in higher education administration and college student development from the University of Iowa and her B.A. in business administration from Augsburg College (Minneapolis, Minn.), where she was also inducted in the Athletic Hall of Fame in 2014. In 2013, Dr. Tinsley completed requirements for the Certificate in Missional Theology from Biblical Seminary and, in 2016, she graduated with a D.Min. from United Theological Seminary in Dayton, Ohio.

Dr. Tinsley has a wealth of experience providing appropriate personal and academic growth opportunities for those seeking to become professional master's degree-level counselors as well as for those helping professionals seeking advanced or specialty areas of training and development in multicultural education and counseling, spiritual and Christian interventions, and sports counseling/athlete development. She has worked in the secondary and college/university academic and athletic and sporting environments for more than 20 years. Her experiences range from coaching high school and college athletes, athletic administration, and conducting life skills training to consulting and providing career development and professional counseling and psychological services. Currently, she owns Transitions Counseling Service LLC and Life Skills Program that includes a ministry division, Love and Basketball Ministries, where she provides individual, marriage, family and group counseling and consultative services. Dr. Tinsley is also the clinical director of the Mount Ararat Baptist Church Counseling Center.

## REGISTRATION / DIRECTIONS / CES AND CEUS



**Fee:** \$25 for class only; \$10 for CE credits for licensed social workers, professional counselors, and marriage/family therapists

**Directions** to the Seminary. Free parking is available on campus behind the chapel and library.

**CEs:** 3.0; Request and pay for at time of registration

**CEUs:** 0.3; Certificate available to clergy and laity upon request

## QUESTIONS

E-mail [Click to view e-mail](#) or call 412-924-1345.

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## Registration / Directions / CEs and CEUs



[REGISTER NOW](#)

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Pittsburgh Theological Seminary  
616 North Highland Avenue  
Pittsburgh, PA 15206  
Phone: 412-362-5610



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